



*cara price*

## CHOCOLATE POPSICLES

### INGREDIENTS

- 1 can full fat coconut milk
- 1 cup raw cashews, soaked in warm water at least 1 hour
- 1/2 cup maple syrup
- 1/4 cup cocoa powder
- 1 teaspoon vanilla
- 1/2 teaspoon salt
- 8 popsicle molds

### DIRECTIONS

prepare 8 popsicle molds by placing them in the stand.

place all ingredients in a high speed blender & blend for 60 seconds, making sure the cashews have become "cream".

pour chocolate popsicle base into molds, freeze overnight before serving!