

CROCKPOT CHICKEN Soup

INGREDIENTS

- 2 pounds chicken breast, boneless, skinless
- 2 cups carrots, peeled & chopped
- 1 onion, peeled & chopped
- 1 small eggplant, peeled & cubed
- 3 stalks celery, diced
- 3 tomatoes, diced
- 1 fennel bulb, chopped
- 1 cup tomato sauce
- 4 cups chicken broth
- 1/4 cup olive oil
- 3 tablespoons herbs de provence
- 3 teaspoons salt
- 2 teaspoons pepper

DIRECTIONS

in a large crockpot, pour olive oil into the bottom of the bowl. place chicken in a single layer over the olive oil & sprinkle all the seasonings over the chicken.

layer all the veggies into the crockpot over the chicken.

pour in chicken broth & tomato sauce.

cover & cook, 6 hours on low or 4 hours on high.

remove the chicken & shred with a fork & then return to crockpot, stirring it into the soup.

serve hot & enjoy!