



cara price

FUDGY NO BAKE BROWNIES

INGREDIENTS

- 15 large medjool dates, pitted
- 1 cup walnuts
- 1/2 cup pecan pieces
- 1/2 cup sunflower butter, no sugar added
- 1/3 cup cocoa powder
- 2 tablespoons coconut butter
- 1 teaspoon vanilla
- 1/2 teaspoon salt

DIRECTIONS

place the dates & walnuts in a food processor.
process until very fine & crumbly.

add sunflower butter, cocoa powder, coconut butter, vanilla & salt to the bowl of the food processor & process again until smooth.

place the “dough” in an 8x8 dish & press firmly until spread out in the pan & flat. {i place parchment paper on top of it & use the bottom of a glass to press it down}

sprinkle the pecan pieces over the top of the brownie.

cut into 16 pieces. refrigerate for 2 hours.

serve cold.