



## NUTTY BREAKFAST "CEREAL"

## **INGREDIENTS**

- 2 cups chopped pecans
- 1 cup sliced almonds
- 1/2 cup shredded coconut
- 1/2 cup chopped walnuts
- 1/2 cup pepitas

optional: fresh berries or dried fruit for serving

## **DIRECTIONS**

place all ingredients in a medium size mixing bowl & stir well.

store in a glass container.

eat it alone as a 'trail mix' or serve with chai cashew milk or sweet coconut milk as a cereal