



cara price

STREET TACOS

INGREDIENTS

- 2 pounds ground beef
- 2 packages taco seasoning
- 2 tablespoons olive oil or coconut oil
- 1 tablespoon lime juice
- 1 tablespoon liquid smoke
- 1/4 cup water

DIRECTIONS

In a large skillet, heat oil over medium-high.

place beef in pan & brown, crumbling & stirring often.

when the meat is almost cooked completely, sprinkle taco seasoning over it & stir, cooking another 2 minutes.

combine water, lime juice & liquid smoke in a small bowl & pour over meat. bring to a slow boil, then reduce heat & simmer until most of the liquid is evaporated.

serve hot in paleo wraps or on a salad.